

THE ROAD AHEAD

CHOICES WE ALL FACE
ALONG THE PATH OF LIFE

PART 3: THE WHITE FLAG

There are times when surrendering is a much better option than continuing to fight, and on the other side of surrender is one thing you really want.

CONNECT

Take a few minutes before the video to discuss this:

When there is conflict or a difficult situation, are you more fight or flight? Are you one way in your professional life and another way in your personal life?

LEARN

Watch the video for Part 3: The White Flag.

APPLY

Discuss the following questions as a group:

1. Did anything about the story in the video resonate with you? If so, what?
2. Talk about a time when you surrendered something and it led to a sense of freedom.
3. Read **Galatians 5:16–17** aloud. Would you describe yourself as someone who tries to “walk by the spirit”? Explain what you mean by your answer.
4. What’s something you typically try to control? Is it one of these or something else?
 - Making the final decision
 - Pleasing someone
 - Having the last word
 - Manipulating
 - Fighting for your reputation
 - Your will
5. Whenever you feel the need to control, what makes it difficult to surrender? How could surrendering lead to more freedom?
6. If there is something you need to surrender, what’s the next step? What do you need to do? What would it take to develop an attitude of surrender? What would be a good thought or prayer to have in front of you regularly?

PRAY

Take a few minutes to allow group members to share any prayer requests and then end your time together in prayer.

