

RESURRECTED LIFE

PART 1: NOT ALONE

The resurrection of Jesus is the foundational event of the Christian faith. All that we believe and know to be true about Jesus is because of the resurrection. But the Christian faith doesn't end with the resurrection. Jesus told his followers that his "death and resurrection" was the starting line, not the finish line. It was the beginning of what he started—a new family, a new movement, a new way of life.

So, what does the resurrection of Jesus mean to our lives today? What difference does it make?

CONNECT

Think about a time you went somewhere new, maybe for a vacation or for work. While you may have had a little knowledge about where you were going, there were probably a few (or a lot of) things you still had to navigate. How did you feel during that experience?

Have you ever felt that way in your Christian faith—unsure, anxious, or confused? If so, you're in good company! The disciples felt that way when Jesus told them he was going to die and leave them. The good news is that Jesus didn't leave them stranded. He left them with the promise that the Holy Spirit would be coming. And we are beneficiaries of that same promise.

What comes to mind when you hear "Holy Spirit"?

LEARN

You will watch a shortened version of a message from this series to set up your group discussion. Watch the full message sometime this week as a reminder of what you talked about today.

APPLY

After sharing what stood out from the video, discuss the following questions as a group:

1. One way the Holy Spirit comforts us is by bringing peace in the midst of hard situations/seasons in life. Read **Philippians 4:7**. Share a time when you experienced this comfort from the Holy Spirit.
2. When was a time you really needed the comfort of the Holy Spirit?
3. No one would enjoy/appreciate another person pointing out something wrong in their life. Why do you think it's important for the Holy Spirit to do this in the lives of believers? What's the purpose?
4. In what way(s) has the Holy Spirit led you to life change? How did that change make you better?



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BEFORE NEXT TIME

There are three things the Holy Spirit does for us:

1. He is our **advocate**, which also means “helper,” “comforter,” or “encourager.” He comforts us during the challenging times in our lives.
2. He provides **conviction** (not guilt or condemnation) that produces a distaste for our sin and drives us to change.
3. He **guides** us in truth to a life that lives and looks like Jesus.

Over this week, set aside time to intentionally invite the Holy Spirit into your everyday life. Pray along the lines of, “Holy Spirit, please bring encouragement to me in situations I’m feeling challenged by, conviction in areas that I need to change, and guidance for decisions I need to make.”:

PRAY

Take time to pray as a group. You can use the following prayer as a guide:

“Heavenly Father, thank you for not leaving us to live life alone. Thank you for giving us the Holy Spirit to walk alongside us, to encourage us, to convict us, and to guide us. You know we can’t live in our strength alone. Help us this week to walk in step with your Holy Spirit and to live the resurrected life.”

