

## GROUP LAUNCH | PART 2

### GOAL OF A GROUP

The goal of a group is to provide everyone the opportunity to pursue authentic community and spiritual growth

### CONNECT

Answer this question: Growing up, did you have a teacher or a mentor that impacted your life? Tell us about them.

### LEARN

Before watching the video together and discussing the questions provided, we suggest that your group take a moment to pray for the meeting time.

After praying, watch the video for Part 2.

### VIDEO NOTES

Spiritual growth is a growing faith in God validated by a growing love for God and others.

*The only thing that counts is faith expressing itself through love. Galatians 5:6*

*“Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’” Matthew 22:37–39*

Five Things God Uses to Grow Our Faith:

1. Private Disciplines
2. Practical Teaching
3. Providential Relationships
4. Personal Ministry
5. Pivotal Circumstances

# GROUPS

Ownership is pivotal to a great group experience.

- Own your spiritual growth.
- Own your group experience.

Getting off the sidelines and joining in is what owning your group experience looks like. It will take a little time and effort—and may be a little awkward at first—but it's worth it. And if you make the effort, your group experience will be so much more worthwhile.

Helping other people grow their faith grows yours too.

## APPLY

1. In the video, spiritual growth is defined as *faith in God validated by a growing love for God and others*. Does that match what you've thought about or done to pursue spiritual growth in the past? If so, how?
2. Take a minute to individually complete the **Gauging Your Growth** activity below. When you're finished, discuss the questions that follow as a group.

### ACTIVITY: GAUGING YOUR GROWTH

Indicate how much growth you're currently experiencing in the following four catalysts.



#### PRACTICAL TEACHING

*Listening to Sermons or Podcasts, Reading Books*



#### PRIVATE DISCIPLINES

*Reading the Bible, Praying, Listening to Worship Music*



#### PROVIDENTIAL RELATIONSHIPS

*Engaging in Relationships That Impact Your Faith*



#### PERSONAL MINISTRY

*Serving at Your Church or a Local Nonprofit*

How are pivotal circumstances influencing your faith in God?



#### PIVOTAL CIRCUMSTANCES

*Experiencing the Highs and Lows of Life*



- In which gauge have you experienced the most growth?
  - Which gauge could use some attention?
  - If you feel comfortable sharing, how did you rank yourself on the Pivotal Circumstances gauge?  
Are those circumstances having a positive or negative impact on you?
3. Share a few ways you can take ownership of this group as you move forward.
  4. Discuss the Group Agreement to clarify expectations for your group and logistics for future meetings.

## **PRAY**

How can the group pray for you until your next meeting? We suggest that group leaders end with a brief prayer.

## **WHAT'S NEXT**

After discussing the Group Agreement, your group leader will share details about your next group meeting and group study.