

EXAMINING THE THINGS WE TELL OURSELVES ABOUT GOD

PART 2: CHECK-YOUR-BRAIN-AT-THE-DOOR GOD AND ALL-THE-FEELS GOD

Relationships are driven by a combination of feelings and logic, and there are times when one outweighs the other. Yet in your relationship with God, if there is an imbalance or one of those elements is missing, it can impact your view of God altogether.

WIN

To clearly see any false views we may have about God and then to adjust our perspectives so we see him for who he really is

CONNECT

When planning a vacation, do you spend more energy planning the logistics (schedule, cost, etc.) or daydreaming about what you'll enjoy most? That is, do you lean toward logic or emotion when thinking through your trip? Give a personal example to illustrate your answer.

LEARN

Before watching the video together and discussing the questions provided, we suggest taking a few moments to pray. Here's a simple prayer you can use:

Heavenly Father, thank you for creating us with both logic and emotion. Help us to know you better in both our minds and our hearts. Amen.

After praying, watch the video for Part 2.

APPLY

Discuss the following questions as a group:

- 1. Were you taught to "just believe" with regard to having faith in God? If so, where did you first learn that?
- 2. Talk about a time when your faith turned to doubt because of an intellectual argument someone presented. Did that interaction do anything to change your view of God? If so, how?
- 3. How much do you currently tie your faith to how much you feel God's presence? Has that changed for you over the years? If so, how and why?





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- 4. Does either of these false views—Check-Your-Brain-at-the-Door God and All-the-Feels Godbring to the surface a false belief you might be carrying around? If so, which one, and what makes you say that?
- 5. Read **Matthew 22:34–40** aloud. What would it look like to love God with all of your heart, all of your soul, and all of your mind? Why do you think Jesus commanded us to love God with our hearts, souls, and minds?
- 6. How could addressing either or both of these false views help you get to know God better? How could not addressing them be a barrier?

PRAY

To close your meeting, spend some time praying as a group. In your own words, ask your perfect heavenly Father to help you trust him in the midst of your circumstances.

