

MEN | HIDDEN

STUDY INTRODUCTION

All of us are stuck with unresolved issues whose symptoms we are trying to fix. The power of what we're hiding grows with each day. But, who can I trust?

USING THIS GUIDE

1. Print a copy of the guide for each member of your group.
 2. Watch the video as a group and use the guide to follow along and take notes.
 3. Complete the discussion questions when prompted by the video.
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VIDEO NOTES

All of us are awakening to the pain of not being able to control our lives the way we thought we could; stuck with unresolved issues whose symptoms we are trying to fix, without the help of anyone else.

What if I could discover an environment so **safe** I could tell the worst of me and discover I'd be loved **more**, not less, in the telling?

The cycle of sin gets **interrupted** when we tell someone the sin we are intending to do.

I want to learn how to earn trust so that I can be trusted to protect and influence you. And I want to learn how to trust you with me, so God can use you to protect and influence me.

Who can you trust with you?

Those who are trusting others with them.

Those who earn your permission rather than presume it.

Those who prize vulnerability over together-looking appearances.

Those who are convinced it is less important that anything gets fixed than that nothing has to be hidden.

LET'S TALK ABOUT IT

1. Do you prefer to work alone or with a group? Please explain.
2. Have you ever had a mentor or a wise friend you've looked to for advice? How did that person impact your life?
3. Has anyone ever opened up to you and told you what was *really* going on in their life? What did you think about that? How did it make you feel?
4. John described telling someone the sin you are intending to do as "throwing your own self under the bus." What's your first reaction to this suggestion?
5. John described a difference between providing accountability (*you had better tell me when you don't...*) and providing protection (*I will stand against everything that threatens to harm you*). Is this distinction helpful for you? Explain.
6. At the end of his message, John recreates the phone call he had with his friend. Who would you call? What would prevent you from making a similar call?
7. What are some practical ways this group could become a safe place to open up to one another and create accountability?